



COVID vs Cold vs Flu vs Allergies SYMPTOMS CHART

	COVID-19	COLD	FLU	ALLERGIES
Incubation Period	2-14 days	1-3 days	1-4 days	Varies/ Immediate
Symptom Onset	Gradual	7-10 days	3-7 days	Varies
Fever	✓	Rare	✓	
Fatigue	✓	Sometimes	✓	Sometimes
Cough	✓	Sometimes	✓	Sometimes
Sneezing		✓		Sometimes
Aches and Pains	✓	✓	✓	
Chills	✓		✓	
Runny Nose	Rare	✓	Sometimes	✓
Sore Throat	Sometimes	✓	Sometimes	Rare
Diarrhea	Rare		Sometimes	
Headaches	Sometimes	Rare	✓	Sometimes
Shortness of Breath	✓			Sometimes
Itchy Nose or Watery, Red, Swollen Eyes				✓